

# **GRADE 6 CRE LESSON NOTES**

## **CREATION USING GOD GIVEN TALENTS AND ABILITIES**

**Exodus 31:3, Romans 12:4**

### **Talents**

- They are special gift that God has given us
- Is a natural ability to do something?
- One can be talented in music, art, athletics

### **Abilities**

- Abilities are skills that enables us to do things well.
- ability is the power to use a certain skill or power to do something
- Ability can be learnt in school or from other people eg panting

### **The Teaching of the bible on the use of talents and abilities**

**Exodus 31:3, Romans 12:4**

- ✓ We should appreciate God given talents and abilities and use them well ✓ Learners should use talents and abilities to serve God and others.
- ✓ Learners should seek advice on how to use their talents.
- ✓ Learners should also pray to god to help them use their talents and abilities responsibly.

### **Values learners can use to nature talents and abilities**

**Exodus 31:3, Romans 12:4**

- Learners can use the following values to nature their talents
  1. Love
  2. Respect
  3. Responsibility
  4. Unity
  5. Integrity
  6. Social justice
  7. Hard work
  8. Peace
- Learners can nature their talents and abilities by serving others and practising daily.
- Learners can also nature their talents by praying for God's guidance, being committed and working hard.

## **MARRIAGE AND FAMILY Biblical teaching on marriage as an example of Christian living**

**Genesis 2:20-24**

- Marriage is a legally recognized union between a man and a woman. □ Marriage is an institution that was ordained by God.
- God created a woman out of man's rib and brought her to him. □ He created a woman to be a companion and helper
- Christians should respect the institution of marriage.

- A Christian marriage is highly valued.
- The marriage unit forms the foundation of a strong nation
- Among the Christian teaching on marriage are:- □ Marriage was established by God
- Courtship should be pure and mature
- Fornication is not allowed
- Procreation should be within marriage
- Love and fitfulness are the cornerstones of marriage.
- The wife should submit to the husband.
- The bible teaches that God ordained marriage from the very beginning.
- Celibacy is a gift from God but it is not for all people.
- Apostle taught that marriage partners should honour their roles towards each other.
- Widows and widowers can remarry to avoid temptations

### **Types of marriage**

- There are 3 types of marriage
  - a. Christian marriage
    - Conducted by a priest or a pastor in charge of a place of worship.
  - b. African customary marriage
    - Conducted in accordance with the customs of the community of either one or both of the parties.
  - c. Civil marriage
    - Conducted in the office of the register of marriages, deputy county commissioner or assistant county commissioner.

### **Reasons for discouraging early marriages in the society**

- We should discourage early marriages
- All children have a right to education, health and protection.
- Early marriages affect the children's development □ They also violate rights of a child.

### **GOD'S REST LEISURE**

- **Leisure** is the time when we are free from work or studies

### **The teaching of the bible on God's rest as a form of leisure**

#### **Genesis 2:1-3 and 1Timothy 5:13**

- **God** rested on the seventh day because all that he had created was good and His work was finished.
- He also wanted to teach us that we too should rest.
- Christian rest on the Sabbath day so as to follow God's example □ The bible teaches that God sanctioned rest when he made the sabbath.
- The Sabbath is sanctified as a holy day of rest.
- Christians should observe the Sabbath and keep it holy

### **The teaching of the bible on the use of leisure time**

#### **Genesis 2:1-3 and 1Timothy 5:13**

- the bible teaches that leisure is a gift from God.
- It should be used properly
- It provides us the opportunity to worship God
- Christians should use their leisure to serve God and others.
- There are two types of leisure
  - A. Active leisure
- Active leisure involves physical activities .
- Such activities include:-
  - a. Sports and games.
  - b. Dancing
- B. Passive leisure
- Passive leisure has minimal or no physical activity.
- It includes watching television, reading, listening to music or sleeping

➤ Christians' can use their leisure time to visit the needy such as the sick., the aged ➤  
They can also use their leisure by participating in church activities

### **Values which help Christians to use leisure time properly**

1. Love
2. Respect
3. Responsibility
4. Unity
5. Integrity
6. Social justice
7. Hard work
8. Peace

### **Inappropriate ways of using time in society**

- Some inappropriate ways of using leisure are
  1. Spending too much time on passive leisure activities
  2. Spending leisure in idle talk
  3. Spending leisure taking drugs and other substances □ Leisure can be used to engage in immoral activities.
- This may be caused by
  - a. Peer pressure
  - b. Curiosity
  - c. Idleness
  - d. Lack of guidance
  - e. Having too much money.
- Activities that misuse leisure include
  - a. Pre-marital sex
  - b. Abusing drugs
  - c. Idling and gossiping
  - d. Over-indulging in the same activities.
  - e. Getting into bad company.
- Misuse of leisure makes life miserable

## **THE BIBLE**

### **THE BIBLE AS THE INSPIRED WORD OF GOD.**

#### **2 Timothy 3:16-17**

- The bible is a collection of holy books
- The bible is the inspired word of God.

### **Why the bible is the inspired word of God**

#### **2 Timothy 3:16-17**

- The bible contains the word of God which is used for
  1. teaching the truth
  2. rebuking wrongs
  3. correcting faults
  4. giving instructions for right living
- It is divided into 2 testaments, Old Testament and New Testament.  
Testament means covenant or agreement.
- There are 66 books in the bible.  
Old Testament has 39 books while the New Testament has 27 books.
- The Bible was written by people who were inspired by God.

### **The authors who were inspired to write the old and the new testaments**

- The bible was written by different authors.
- The authors were inspired by the Holy Spirit.
  1. Genesis
  2. Exodus
  3. Leviticus
  4. Numbers
  5. Deuteronomy
- They were written by Moses
- Genesis means origin or beginning
- Exodus means coming out or departure
- Numbers means census
- Leviticus explains rules and regulation of priests

| BOOK     | WRITER              |
|----------|---------------------|
| Joshua   | Joshua              |
| Judges   | Samuel              |
| Ruth     | Samuel              |
| 1 Samuel | Samuel, Gad, Nathan |
| 2 Samuel | Gad and Nathan      |
| 1 kings  | Jeremiah            |

|              |          |
|--------------|----------|
| 2 kings      | Jeremiah |
| 1 Chronicles | Ezra     |
| 2 Chronicles | Ezra     |
| Ezra         | Ezra     |
| Nehemiah     | Nehemiah |
| Esther       | Mordecai |

| BOOK            | WRITER  |
|-----------------|---------|
| Job             | Moses   |
| Psalms          | David   |
| Proverbs        | Solomon |
| Ecclesiastes    | Solomon |
| Song of Solomon | Solomon |

| BOOK           | WRITER   |
|----------------|----------|
| 1. Isaiah      | Isaiah   |
| 2. Jeremiah    | Jeremiah |
| 3. Lamentation | Jeremiah |
| 4. Ezekiel     | Ezekiel  |
| 5. Daniel      | Daniel   |

| <b><u>Book</u></b> | <b><u>writer</u></b> |
|--------------------|----------------------|
| Hosea              | Hosea                |
| Joel               | Joel                 |
| Amos               | Amos                 |
| Obadiah            | Obadiah              |
| Jonah              | Jonah                |
| Micah              | Micah                |
| Nahum              | Nahum                |
| Habakkuk           | Habakkuk             |
| Zephaniah          | Zephaniah            |
| Haggai             | Haggai               |
| Zechariah          | Zechariah            |
| Malachi            | Malachi              |

### **NEW TESTAMENT**

| <u>BOOK</u> | <u>WRITER</u> |
|-------------|---------------|
| Matthew     | Matthew       |
| Mark        | Mark          |
| Luke        | Luke          |
| John        | John          |

5. Acts of apostle

The writer of acts of apostle was Luke.

6. Romans
7. 1 Corinthians
8. 2 Corinthians
9. Galatians
10. Ephesians
11. Philippians
12. Colossians
13. 1 Thessalonians
14. 2 Thessalonians
15. 1 timothy
16. 2 Timothy
17. Titus
18. Philemon

□ These are letters which were written by Paul while he was in prison.

| books   | Writer                     |
|---------|----------------------------|
| Hebrews | Unknown                    |
| James   | James the brother of Jesus |
| 1 peter | Apostle peter              |
| 2 peter | Apostle peter              |
| 1 john  | John                       |
| 2 john  | John                       |
| 3 john  | john                       |
| Jude    | Jude the brother of Jesus  |

27. **Revelation** is the last book of the bible and the New Testament. It was written by John after having a vision on Patmos Island.

**Reasons that lead to translation of the bible into local languages**

□ Old Testament, It was originally written in Hebrew.

- It was written before Jesus Christ came to exist physically. □ It was later translated to Greek and other languages □ New Testament, It was originally written in Greek.
- Written after Christ
- The bible was translated into local languages to help the missionaries spread the word of God easily.

### **Advantages of translating the bible into various local languages**

- Bible translation enabled the missionaries to put the word into languages which the local people could understand.
- The translation of the bible enabled the missionaries to learn local languages
- The gospel reached more people because the language of communication was familiar.
- More Africans learnt to read and write hence they were able to read the bible for themselves
- Education was promoted, by the good work of translation of the bible.

### **THE TEN COMMANDMENTS**

#### **Exodus 20:3-17**

#### **Exodus 20:1-18)**

1. Worship no other god but me.
2. Do not make yourself images/idols.
3. Do not use Gods' name for evil purpose.
4. Observe the Sabbath and keep it Holy.
5. Respect your father and mother so that you may live long on earth.
6. Do not commit murder.
7. Do not commit adultery.
8. Do not steal
9. Do not accuse anyone falsely.
10. Do not covet your neighbour's property.

### **The Ten Commandments and their relationship to Christian living**

#### **Exodus 20:1-18**

- The first four commandments explain how we should relate with God.
- The fifth commandment to the tenth teaches how to relate with each other for harmonious living.

### **Values and skills in the Ten Commandments that enhance Christian living**

- The ten commandments teach different values and skills
- Some of the values are
  1. Respect
  2. Purity
  3. Honesty 4. Contentment 5.
- Some of skills are
  1. Decision making
  2. Conflict resolution 3. Conflict thinking
  - 4.
  - 5.

### Lessons which Christian learn from the Ten Commandments

- Christian should obey the ten commandments to promote harmonious living among themselves.

|   | <b>Commandment</b>                                                 | <b>Lesson</b>                                                                                                                                                                                                |
|---|--------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1 | Worship no other god but me.                                       | God is supreme                                                                                                                                                                                               |
| 2 | Do not make yourself images/idols.                                 | <b>Putting God First</b>                                                                                                                                                                                     |
| 3 | Do not use Gods' name for evil purpose.                            | The name of God is holy                                                                                                                                                                                      |
| 4 | Observe the Sabbath and keep it Holy.                              | God worked for 6 days and rested on the seventh. The Sabbath day is the day of the Lord.<br>God made the Sabbath holy and blessed it.<br>We should not work on the Sabbath day                               |
| 5 | Respect your father and mother so that you may live long on earth. | God commands us to respect our parents<br>Our parents provide us with basic needs and guidance.                                                                                                              |
|   |                                                                    | God will bless us with long life if we obey our parents.                                                                                                                                                     |
| 6 | Do not commit murder                                               | We should not get angry with other people. -<br>Hating people lead to murder.<br>- We should forgive those who wrong us<br>- We should not revenge                                                           |
| 7 | Do not commit adultery.                                            | Adultery is a sexual sin which involves in engaging in sex with a person you are not married to.<br>Anyone who looks at a woman lustfully has committed adultery in his heart.<br>Adultery destroys families |

|    |                                        |                                                                                                                                                                                                                   |
|----|----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8  | Do not steal                           | Stealing is forbidden by God. Stealing shows lack of respect for other people's property. Stealing causes suffering to people. We should avoid the temptation to steal. We should be satisfied with what we have. |
| 9  | Do not accuse anyone falsely.          | The commandment is not to tell lies. Telling lies shows lack of love for our neighbors. We should not swear but tell the truth always. We should not accept bribes to condemn anyone falsely.                     |
| 10 | Do not covet your neighbor's property. | Desiring other people's property is breaking the tenth commandment. Greed comes from selfishness and lack of concern for others.                                                                                  |

## **BIBLE STORIES**

### **GOD'S POWER**

#### **How God's power helped Samson to defeat his enemies Judges**

##### **15:14-17**

- He was the son of Manoah.
- He asked God for strength.
- He married Delilah.
- God's power enabled Samson to fight and kill his enemies, the Philistines. □ God is able to empower us when we put our trust in Him.
- Delilah noticed that Samson's strength was in his hair and she planned for a way to hand over Samson to the Philistines.
- The Philistines king met together and celebrated and offered great sacrifices to their god Dagon.
- They sang, "our god has given us victory over our enemy Samson"

- Samson said to the boy who was leading him by the hand, “let me touch the pillars that hold up the building. I want to lean on them.
- We had Philistines kings and about 3000 men and women under roof watching Samson.
- Samson pushed the pillars with all his strength and the buildings went down killing all the people.
- Samson killed more people at his death than he had killed during his life time.

### **How Christian depend on God’s power to overcome challenges.**

#### **Judges 15:14-17**

- The story of Samson defeating his enemies teaches us that we should rely on God to help us overcome challenges.
- Whenever we go through a challenge, we should put our trust to help us overcome it.
- PUPILS ACTIVITY PAGE 38-39

### **FAITH IN GOD**

#### **How Elisha recovered an axe head**

#### **2 kings 6:1-7**

- PUPILS ACTIVITY  
Page 41-42

### **How Christian apply faith in God in day to day living** □

Elisha recovered an axe-head because he had faith in God.

- The story of Elisha recovering the axe-head teaches us to have faith in God when faced with challenges.
- We should have faith in God to experience great things.
- We should also pray when faced with challenges

### **DETERMINATION**

#### **Lessons learnt from the story of Jacob wrestling with God**

#### **Genesis 32:22-30**

- PUPILS ACTIVITY  
Page 43-44

### **Values learnt from the story of Jacob wrestling with God**

- Jacob was so persistent that he got a blessing.
- As Christian, we should be persistent in prayers
- The story of Jacob wrestling with God teaches us to be
  1. Persistent
  2. Patient
  3. Determined 4. Humble
  5. Responsible
  6. Loyal

### **THE LIFE OF JESUS CHRIST The call of the disciples**

A disciple is a follower of Jesus Christ

#### **The call of the first disciples of Jesus Christ MARK 1:16-20**

Jesus called two brothers who were fishermen to follow him.

- The first two disciples of Jesus were Simon Peter and his brother Andrew.
- The other two disciples that Jesus called were James and John. They were sons of Zebedee
- Jesus called the fishermen to leave their work and follow him.
- He promised to teach them how to make people his disciples □ The disciples left their homes without hesitating and followed Jesus □ The twelve disciples of Jesus were:
  1. Peter
  2. Andrew

3. John
4. James
5. Thomas the twin/Didymus
6. Philip
7. Bartholomew/Nathaniel.
8. Matthew/Levi
9. James son of Alphaeus
10. Simon the patriot.
11. Judas (Thaddeus) son of James
12. Judas Iscariot

- Peter and Andrew were sons of John.
- Peter and Andrew lived in Bethsaida.
- Simon Peter was given name Cephas by Jesus which means rock. □ John and James were men of thunder. (Boarnegers) □ Philip was from Bethsaida.
- Nathaneil was from Cana in Galilee.
- Mathew was a tax collector.
- The disciples proposed two men to replace Judas Iscariot: they were Joseph/Barabbas/Justus and Matthias.
- They chose Matthias to replace Judas Iscariot.

#### **How different people are called to serve God in the society MARK 1:16-20**

- God calls all of us to serve Him through different ways.
- We can serve God at home, school, church and in the community.
- Serving God helps us to grow spiritually and become responsible

#### **The temptation of Jesus Christ Luke 4:1-13**

- Jesus was tempted by the devil 3 times.
- From being baptized, Jesus went in the wilderness.
- Jesus was tempted for 40 days in the wilderness.
- Jesus was hungry in the wilderness because he ate nothing for 40 days.
- Jesus was tempted 3 times by Satan in the wilderness.
- Jesus was quoting scriptures during temptations.

##### **(a) First temptation**

Changing stones to bread.

**Jesus' answer.**

The scriptures say, Man cannot live by bread alone.

##### **(b) Second temptation**

Jumping over the highest point of the temple.

**Jesus' answer**

“Do not put the Lord your God to test.”

**(c) Third temptation**

Worship Satan and be given all world possession

**Jesus’ answer**

“Worship the Lord your God and serve only Him.”

**Temptation that Christian face in their daily lives Luke 4:1-13**

- Jesus didn’t allow hunger to lead him into sin.
- Jesus refused to give in to the devil’s temptation to get wealth for selfish reason □ Jesus relied on the word of God during his time of temptation. □ Jesus prayed to God to help him overcome his temptation □ God has power to help us overcome temptations.
- Just like Christians face temptation in their day to day lives.
- Christians face temptation like sickness, stress and lack of material things.
- When tempted, Christians should remain faithful to God. □ Christians rely on the word of God when tempted.

**Jesus Christ the universal saviour The healing of the Roman officer’s servant by Jesus Christ Matthew 8:5-13**

- Jesus performed this miracle at Capernaum
- Jesus healed the roman’s servant because the roman had faith
- Jesus said to the centurion (roman),” I tell you I have never found anyone in Israel with faith like this.”
- This miracle showed Jesus as a universal saviour because the centurion was a Roman citizen while Jesus was a Jew.

**Lessons learnt from the healing of the roman officer’s servant by Jesus Matthew 8:5-13**

- the roman officer believed that Jesus had power to heal his servant
- The roman officer had qualities like humility, love and kindness
- Christian should have faith in God and always ask Him to heal the sick
- We should take care of the sick

**Faith in God The miracle of healing the bleeding woman by Jesus Christ Luke 8:43-48**

- When Jesus was going to heal Jairus daughter, a woman came out of the crowd and touched the hem of Jesus garment.
- The woman had bled for 12 years.
- “Who touched me?” Jesus asked.
- Everyone denied it and peter said, “ master the people are all round you and crowding in on you”
- Jesus said, “someone touched me for i know it when power went out of me”

- The woman saw that she had found and so she came trembling and herself at Jesus' feet.
- Jesus said to her, "My daughter, your faith has, made you well. Go in peace".
- The bleeding woman had spent all she had on doctors.

#### **Ways in which the church and government are helping the sick in the society**

##### **Luke 8:43-48**

- The church and the government are training medical personnel and building medical facilities such as dispensaries and hospitals.
- The government has provided vaccines that prevent diseases
- They also provide medical facilities with necessary equipment
- The church also provide emotional support to the sick and pray for them
- The church has also donated food, clothing and medicine to the sick

#### **Lessons learnt from The miracle of healing the bleeding woman by Jesus Christ Luke 8:43-48**

- The bleeding woman believed that by touching the edge of Jesus cloak, she would be healed.
- God has power to heal any disease
- We should seek help when we are sick
- We should also help the sick in the society.

#### **Jesus Christ's power over death The miracle of the raising of Lazarus from the dead JOHN 11:32-45**

- The sisters of Lazarus were Mary and Martha
- Lazarus together with his sisters lived in Bethany
- Mary anointed Jesus Christ
- Lazarus was Jesus' friend
- Jesus showed his emotions when he wept Lazarus death
- Jesus is the resurrection and life
- Lazarus had stayed in the tomb for 4 days

#### **Lessons Christian learn from the miracle of the raising of Lazarus by Jesus Christ JOHN 11:32-45**

- When Jesus raised Lazarus, he showed that he has power over death.
- Christians should always have faith in God just as Martha and Mary believed that Jesus would raise their brother Lazarus

- It is important to support one another in times of grief, pain or sickness

## **NB**

### **Miracles of Jesus**

- Jesus miracles are classified under
  - Power of nature
  - Power over death
  - Power of demons
  - Power over healing | sickness

#### **a) Power over nature**

- Changing water into wine
- Calming the storm
- Feeding five thousand men at Bethsaida
- Feeding of four thousand men
- Cursing the fig tree
- Walking on water
- Great catch of fish
- Coin in the fish's mouth

#### **b) Power over death**

- Raising Jairus daughter
- Raising son of the widow of Nain
- Raising Lazarus

#### **c) Power over demons**

- Casting out demon from Moab
- Casting out demons from two men at Gedara
- Casting out 7 demons from Mary Magdalene
- Casting out demons from the boy
- Casting out demons from the woman with evil spirits

#### **Power over healing**

- Healing of the paralyzed man in Capernaum
- Healing of the Centurion's servant
- Healing of the man with a paralyzed hand
- Healing the bleeding woman
- Healing of the blind beggar (Bartimaeus)

- Healing the man at the pool
- Healing of the deaf \mute
- Healing the slave of the high priest
- Healing of fever from Simon Peter's mother in -law
- Healing the ten lepers
- Healing the man born blind in Siloam
- Healing a man with skin disease
- Healing the man with a swollen arms ( Luke 19)

### **THE KINGDOM OF GOD The parable of the hidden treasure Matthew 13:44-45**

Jesus taught using parables.

A parable is a short story teaches a moral or spiritual lessons He taught in parables to show people how the kingdom of God is like.

### **Teachings from The parable of the hidden treasure Matthew 13:44-45**

- Jesus used the parable of the hidden treasure to teach people about the value of the kingdom of God □ We should live responsibly as Christians For God's kingdom.
- God's kingdom will be prepared for those who are willing to make the right choices in life
- We should value the kingdom of God

**Attitude towards wealth The parable of the rich man and Lazarus as narrated by Jesus Christ LUKE 16:19-31**

- There was a rich man and a poor man named Lazarus whose body was covered with sores
- Lazarus used to be brought to rich man's door
- He hoped to eat food that fell on the rich man's table
- The dogs licked Lazarus wounds
- The poor man died and the angels took him to heaven to sit beside Abraham at the feast
- The rich man begged Abraham to send Lazarus to his father's house where there were 5 brothers to be warned
- "Your brothers have Moses and prophets to warn them," Abraham said.

**Lessons learnt from The parable of the rich man and Lazarus LUKE 16:19-31**

- The story of the rich man and Lazarus teaches us that God will judge all our actions when we die
- There will be happiness for good people in heaven
- The people who have no regard to the word of God will go to hell.
- God has given us wealth.
- It should be used wisely.
- We should share our wealth with the poor
- If Christians misuse their wealth, they shall not inherit the kingdom of God.
- Christians can live a responsible life by helping the needy at school, home and in the community
- The poor also have a place in heaven

**THE CHURCH THE APOSTLES' CREED**

- It's a statement that expresses Christian faith and believes.
- Apostles were guided by the Holy Spirit to write the apostles creed.

**The Apostle's Creed**

I believe in God the Father, Almighty, Maker of heaven and earth: And in Jesus Christ, his only begotten Son, our Lord: Who was conceived by the Holy Ghost, born of the Virgin Mary: Suffered under Pontius Pilate; was crucified, dead and buried: He descended into hell: The third day he rose again from the dead: He ascended into heaven, and sits at the right hand of God the Father Almighty: From thence he shall come to judge the quick and the dead: I believe in the Holy Ghost: I believe in the holy catholic church: the communion of saints: The forgiveness of sins: The resurrection of the body: And the life everlasting. Amen.

**Reasons for the Apostles' Creed in Christianity**

- The Apostles' Creed outlines the truths of the Christian faith.
- It contains teachings that guide us on the way we should live as Christians

- Apostles creed teaches us that there is one God
- It teaches that the church is universal
- The Apostles' Creed helps Christians to affirm their faith in God
- The holy trinity is made up of God the father, God the son (Jesus) and the Holy spirit

### **Teachings outline in the Apostles' Creed**

**Believes found in the Apostle Creed** 1. Believe in God.

2. Believe in Jesus Christ.

3. Believe in Holy Catholic Church. 4. Believe in communion of saints

5. Believe in Holy Spirit.

6. Believe in the forgiveness of sins. 7.

Believe in the resurrection

8. Believe in everlasting life.

### **Believe in God.**

- According to Apostle's creed. God is
  1. Father
  2. Almighty
  3. Creator
- God is powerful and the one to be worship,
- God created everything in six days and rested the seventh day.
- God caters for our daily needs. □ God is the supreme creator.

### **Believe in Jesus Christ**

- Jesus is the only son of God.
- He was conceived by the power of the Holy Spirit.
- He was born of the virgin Mary.
- He suffered physically, emotionally and mentally under Pontius Pilate.
- He was crucified at Golgotha (place of skull)/ Calvary in Jerusalem.
- He died and was buried.
- He descended into hell and rose from the dead on the third day.
- He ascended into heaven.
- He will come to judge the living and the dead.

### **Believe in Holy Spirit.**

- On Mt Olives in Bethany, Jesus promised his disciples a helper before ascension.
- The Holy Spirit was the helper promised to disciples.
- The Holy Spirit gives many gifts like wisdom, knowledge, working miracles, interpreting tongues, speaking in tongues, preaching, and healing. (1 Corinthians 12:1-11).

- The Holy Spirit also gives fruits such as love, joy, peace, patience, kindness, goodness, faithfulness, humility, and self control. (Galatians 5; 22).
- Fruits and gifts of the Holy Spirit are listed in Pauline epistles.
- We cannot buy Holy Spirit because he lives in bodies that are pure. Simon from Samaria wanted to buy the Holy Spirit from Peter and John and he was rebuked by them.(Acts 8:18)
- Holy Spirit can never be cheated. Annanias and Sapphira cheated the Holy Spirit and were struck to death (Acts 5:1-11).
- Holy Spirit guides and comforts humankind.

### **Believe in Holy Catholic Church.**

- The church is holy because the foundation is based on Christ.
- Catholic means universal for its membership is spread all over the world.
- Catholic is men, women and children who witness Christ all over the world. □ The church is a community of believers in Christ.

### **Believe in communion of saints.**

- Saints are believers of Christ.
- Communion binds Christians because they have common faith.
- We are all one in union with Jesus Christ. (Galatians 3;28)
- Saints are those who died in Christ and the living who believes in Christ.

### **Believe in forgiveness of sin.**

- By dying on the cross, Jesus Christ brought salvation to the world.
- Jesus Christ was first sacrifice for man's sin to be forgiven.
- Through repentance and confession, our sins are forgiven.
- Forgiveness is endless. (Mathew 18:21-35)

### **Believe in the resurrection of the body.**

- Christians believe in the resurrection of the body because of the resurrection of Jesus.
- During Jesus death we had saints resurrecting and they went into the holy city.(Mathew 27:53)
- Christians believe in the second coming of Christ as a thief.
- Advent is preparation of Christians for the second coming of Christ.

### **Believe in life everlasting.**

- When we believe and become Christ witness we are assured of eternal life.
- Eternal life is endless.
- Eternal life is a way of faith. (mark 11:22-24) □ Eternal life leads to love and joy.
- Apostle Paul encourages Christians to have hope for eternal life. (1 Thessalonians 4:13-18)
- Eternal life is a way of purposely suffering.

### **Importance of the Apostles' Creed**

1. Contains statements of Christian beliefs
2. It is part of regular worship
- 3.
- 4.
- 5.

### **The three persons in the holy trinity**

- The holy trinity is made up of God the father, God the son (Jesus Christ) and the Holy spirit

| GOD THE FATHER | GOD THE SON | GOD THE HOLY SPIRIT |
|----------------|-------------|---------------------|
| Creator        | Savior      | Guide               |
| Almighty       | Redeemer    | Helper              |
| Father         | Son         |                     |

### **Christian suffering Teachings of Paul suffering 2 Corinthians 6;3-7**

#### **The values learnt from the teachings of Paul on Christian suffering 2 Corinthians 6;3-7**

- Paul teaches to accept and endure suffering
- Enduring suffering strengthens their faith in God
- From the teaching of Paul on Christian suffering, we learn values like
  1. Respect
  2. Purity
  3. Truthfulness
  4. Love
  5. Kindness
  6. Endurance
- When Christians suffer, they share in the suffering of Jesus Christ

#### **CHURCH UNITY Meaning of church unity**

Church unity is the coming together of the church of Christ.

**The teachings of the bible on Christian unity Mathew 16:18, John 17:20-23 Galatians 3:28**

- Jesus called Peter, the rock, onto which he would build a church that no gates of hell would overcome.
- Jesus made a prayer that the church would be one as he and the father in heaven are one

**Ways in which church unity fosters peaceful coexistence Mathew 16:18, John 17:20-23 Galatians 3:28**

- The church demonstrates unity by sharing the word of God and praying together.
- Church unity fosters peaceful co existence by helping the needy and teaching people to develop peace, love and respect for diversity.

**The role of good citizens in promoting harmonious living A**

good citizen demonstrate values such as

1. Honesty
2. Courage
3. Responsibility
4. Patriotism
5. Tolerance
6. Loyalty

**The bible teaching on good citizenship 1 Peter 2;13-17**

The bible teaches that a good citizen should be submissive to the authority, should endeavour to do good and cover any evil but expose it.

He or she honour God, respect everyone and love others

**How Christian can live godly lives on earth**

Christian can live godly lives on earth by honouring and respecting the authority and by promoting peace.

Christians should live godly and moral lives on earth

**Interpersonal relationship among Christians**

**How Christian should relate with one another for peaceful coexistence** Good

interpersonal relationship promote peace in the society.

Christians should relate well with each other

Christians should love and help one another regardless of their diversity

### **Peter's teaching on the relationship among Christians**

#### **1 Peter 5:1-11**

Apostle Peter teaches that Christians should do their work not for but for real desire to serve  
Christians will receive glorious crown that will not fade if they relate well with each other  
The young people should respect the elders  
Christians should be humbled for God will lift them up in his own time

**Moral values that promote good interpersonal relationship among Christians** Good interpersonal relationships among Christians can be promoted through moral values such as

1. Trust
2. Loyalty
3. Love
4. Mutual respect
5. Obedience
6. Humility

We should live in harmony with each other

### **CHRISTIAN LIVING Friendship formation Importance of godly friendship among Christians**

Christians should have godly friendship so as to always have someone who can encourage uplift and correct them.

They can also have someone who challenges them to go deeper in matters relating to God.  
Godly friendships help friends to help each other in their values and glorify God

#### **The teaching of Jesus on friendship John 15:13-15**

Jesus teaches that the greatest love a person can have for his friend is to give his life for them  
Qualities of a good friend are

Loving  
Trustworthy  
Tolerant  
Patient  
Respectful

### **Human sexuality Importance of learning about human sexuality**

We should learn about human sexuality because it empowers young people to make informed decisions about relationships and sexuality

Learning about sexuality address the health and well being of children and young people

### **The teachings of the bible on responsible and irresponsible sexual behaviour Genesis 1:27, 1 Corinthians 6:18-20, 2 Timothy 2:22, James 1-14-15**

The bible teaches us to avoid immorality because any other sin we commit does not affect our bodies but when we commit sexual immorality, we sin against our bodies

- Fornication – sexual intercourse among unmarried people e.g. a school boy and school girl.
- Incest – sex among closely related family members
- Homosexuality – sex between man and man or boy and man or boy and boy.
- Adultery – sex out of marriage.
- Bestially – sex between man and animals.
- Prostitution – providing sex for money and other material gain.
- Rape/defilement – sexual harassment.

### **Cause of irresponsible sexual behaviour among the youth** Irresponsible sexual behaviour is caused by

1. Poverty
2. Alcohol and substance abuse
3. Lack of assertiveness
4. Negative peer pressure
1. Assertiveness

It means saying no when you mean NO and YES when you mean yes.

- It involves:
  - a. Standing up for your rights
  - b. Refusing gifts and lifts from strangers.
  - c. Refusing to accompany friends to unknown places
  - d. Insist on working hard to achieve goals.
  - e. Refusing to be influenced by other people negatively.

Being assertive does not mean we become more aggressive and disrespectful to other people.

2. Negotiation
3. Critical thinking

This is being able to make fair and careful judgments about good and bad qualities of people or something.

- Involves exploring possibilities of doing a task in more than one way. □□Helps us to express our judgments after analyzing a situation.
- Helps us to respect views of other people in achieving our goals

#### 4. Creative thinking

This is being able to develop new ideas and methods especially when tackling a problem.

- Involves imagining, improvising and coming up with new things.
- Helps us to respect the views of other people

#### 5. Decision making

Ability to make correct choices or judgments about something

Involves making wise choices which helps us achieve our goals.

Helps us to resolve conflicts and dilemma.

Provides the opportunity to choose the best option

#### 6. Self awareness

### **Practices that violate the right to life for a human being**

Human life is sacred and we should respect it

No one should take away human life

Practices that violate the right of life for human being include

1. Killing
2. Abortion
3. Terrorism
4. Suicide
- 5.

### **Effects of the right to life for a human life** Violation

of human right to life causes

1. Death
2. Conflict
3. Suffering
4. Stress

We should value the gifts of life and ensure every human being enjoys it

### **Christian teaching on the abuse of the right to life** Exodus 20:13, Mathew 5:21-26

Do not kill

### **Virtues that young people can practise to maintain sanctity of life**

A virtue is the behaviour or attitude that shows high moral standards

Some of the virtues that can be practised to maintain sanctity of life are

1. Respect
2. Responsibility

3. Love
4. Tolerance
5. Forgiveness
6. Reconciliation
7. Humility

### **DRUG AND SUBSTANCE USE**

| <b>DRUG</b>                         | <b>HOW IT IS MISUSED</b>                                               | <b>EFFECTS</b>                                                                                                                         |
|-------------------------------------|------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| Medicinal                           | <b>Taken in plenty without doctor's prescription.</b>                  | <b>Irritability, depression, death, loss of appetite, increased pulse rate</b>                                                         |
| Tobacco                             | <b>Smoking, chewing, sniffing</b>                                      | <b>Can leads to cancer.<br/>Non smokers are also affected</b>                                                                          |
| Narcotic (opium, morphine, heroine) | Through injection                                                      | Dependency, hallucinations, addiction, severe blood poisoning, death, liver disease, madness.                                          |
| Cannabis sativa (bhang, marijuana)  | Smoked                                                                 | Hallucinations, confusion, madness, slow thinking, reddened eyes, increased pulse rate                                                 |
| Alcohol                             | Drunk                                                                  | Alcoholism, breakup of homes, immorality, <b>loss of appetite, violence</b>                                                            |
| Stimulants (cocaine, miraa)         | Miraa/khat-chewed<br>Cocaine-smoked, inhaled, orally ingested, sniffed | Addiction, excite the central nervous system, sweating, convulsions, heart failure, headache, irritability lack of sleep , depression. |
| Volatile substances)                | Inhaled                                                                | Convulsions, sneezing, weight loss                                                                                                     |

### **Christian teachings on dangers of drugs and substance use Ephesians 5:18, Hosea 4:11**

1. Drugs are dangerous and unhealthy
2. Say no to drugs
3. Do something positive instead of taking drugs
4. Run away from drugs
5. Do not harm yourself with drugs, arm yourself with knowledge on drugs

Commonly abused drugs are alcohol, glue, tobacco, cocaine, miraa, bhang Drugs and substance abuse has dangerous effects such as

1. Poor health
2. Increased crime
3. Depression
4. Poverty
5. Death

We should live a life free from harmful substances and maintain good health

Learners should always take care of their bodies by avoiding harmful substances

#### **Strategies used by Christians to prevent drugs and substance use**

1. Educating young people through church programs on danger of drugs and substance abuse

#### **Measures taken by government agencies to fight drug trafficking and use**

1. Giving stiff penalties to drug traffickers and restricting supply of drugs
2. Creating awareness on dangers of drug use through radio, television, and social media

The government through the ministry, the community and organisations like NACADA are working to fight drug trafficking and abuse